



FHD Coaches Pledge

Fort Hood Area Dolphin Coaches pledge to each swimmer and parent of the team that they will follow the expectations set forth by the FHD Parent Board and active members. Each member of the FHD coaching staff will strive in every way to meet these expectations.

- 1. Coaches will represent themselves and the FHD swim team as a positive role model. To include and not limited to the following:**
 - **Dependable**
 - **Honest with parents and swimmers**
 - **Conduct fair evaluations**
 - **Provide consistency among all FHD coaches to swimmers and parents**
 - **Express their values through their actions**
 - **Act, speak and dress in a professional manner**
 - **Maintain adult control of expressive language and emotions**
- 2. FHD coaches will continuously seek ways to improve the swimming experience. They will provide the vision and momentum that challenges the team, motivates the swimmers, ignites desire and develops fortitude to achieve the possible and to stretch beyond the possible swimming goals/objectives of each and every FHD swimmer.**
- 3. FHD coaches will be as technically proficient as they can; they will continue to grow, seek higher education and experience through clinics, courses, collaborations with other teams and other opportunities.**