

Team and Membership Information

The Fort Hood Area Dolphins Swim Team is a year round registered USA Swimming competition swim team, offering instruction and training for swimmers age 6 and up.

Who Can Join the Swim Team?

Membership is open to all military and civilian residents of the Fort Hood Area. The team does not discriminate on the basis of sex, religion, or ethnic background. All members must join USA Swimming and agree to abide by all the rules and regulations established by the team, South Texas Swimming, Inc., and USA Swimming. (Adults may join USMS or Tri-/Fed in lieu of USA Swimming). The team does have practical limits to the swimmers who can join, with limited pool time and lanes we have available to use.

Required Swimming Abilities

The primary purpose of the team is to train for competition. Individuals interested in fitness swimming or improving swimming for triathlons is welcome. From time to time, we will offer camps to introduce more basic skill. Red Cross Level 4 completion certificate and/or demonstration of the Level 4 Exit Skills. The coach will determine the level of the swimmer he/she is most suited for and therefore what lane they will swim in.

The competitive seasons are divided into Short Course (25 yard pools) from September to March and Long Course (50 meter pools) from April to August. Competitive swimming requires hard work and dedication on the part of the individual. Not all swimmers, even those who swim well, are ready for the commitment necessary to succeed. A 5-day trial period is offered to all swimmers.

Practice Hours

Practice is conducted at Abrams Natatorium on Ft. Hood. Practice schedule is as follows:

| | | | |
|-----------------------------------|-----------------|--------------------|-----------------------|
| Blue Group (Pre-comp): | 6:20 to 7:00 pm | Monday thru Friday | Saturdays - 8:50-9:30 |
| Bronze 2: | 5:30 to 6:30p.m | Monday thru Friday | Saturdays - 8:00-9:00 |
| Bronze 1, Silver & Gold Swimmers: | 5:30 to 7:00 pm | Monday thru Friday | Saturdays - 8:00-9:30 |
| Masters: | 5:30 to 7:00 pm | Monday thru Friday | Saturdays - 8:00-9:30 |

Fee Schedule

Fee schedule is outlined on the reverse side of this sheet.

For more information contact dolphinsswimstrong@yahoo.com. Or visit us at www.FHDolphins.com. Or please feel free to stop by the pool during practice.

TERMS AND CONDITIONS OF MEMBERSHIP

1. By applying for membership, the individual swimmer (if over 18) or swimmer/parent(s) agree to adhere to the rules and conditions of membership of the team specified in the Constitution and Bylaws, published policies of the team, and the rules and provisions of USA Swimming, Inc., and South Texas Swimming, Inc. The team reserves the right to terminate membership as specified in the aforementioned documents.
2. All Swimmers must be registered with USA Swimming. Members of USA Swimming are covered with accidental insurance. You may elect to practice with the team for a five (5) day trial period. However, the swimmer will not be insured during this trial period. Swimmers who are not registered will not be allowed to practice or participate in any event requiring USA Swimming membership. USA Swimming membership fees will not be refunded for any reason. Registration cost for calendar year is \$66.00. **Swimmers who are not registered will not be allowed to practice or participate in any event requiring USA Swimming membership. USA Swimming membership fees will not be refunded for any reason.**
3. **Monthly dues are payable in advance on the 1st day of each month and are considered late on the 10th.** A late fee of \$5 will be assessed if dues are not received by the 10th. All dues, including previous month, late fees and current month, must be paid before swimmers will be entered in any competition or allowed to continue at practice.

MONTHLY DUES – By Swim Group

Pre-competitive Swimmers: \$55

Bronze 2 Swimmers: \$60

Bronze 1, Silver & Gold Swimmers: \$65

2nd swimmers: \$55 Outreach: \$32 Masters: \$65

4. Swimmers who terminate during a month will not receive a refund for dues paid. Members who fail to pay dues for a month in which they participate in training activities are subject to termination of membership.
5. Swimmers will be allowed to take a break in membership when personal reasons warrant. The parent of a swimmer must discuss this with the coach and notify the treasurer in writing by the 5th of the month (including the expected length of the break) to maintain active status. Taking a break from membership for any reason other than medical necessity may affect the swimmer's award status for that season.
6. Swimmers whose behavior is disruptive or detrimental to the purpose or goals of the team are subject to disciplinary actions and / or dismissal from the team.
7. The first month's fees must accompany the registration form.
8. The membership form must be completed and signed prior to the swimmer attending practice.